

Document 1

Passive resistance is a method of securing rights by personal suffering; it is the reverse of resistance by arms. When I refuse to do a thing that is repugnant to my conscience, I use soul-force. For instance, the government of the day has passed a law which is applicable to me: I do not like it, if, by using violence, I force the government to repeal the law, I am employing what may be termed body-force. If I do not obey the law and accept the penalty for its breach, I use soul-force. It involves sacrifice of self.

- **GANDHI** Chapter XVII, *Hind Swaraj*

Q1: According to Gandhi, what is the difference between soul-force and body force?

Document 2

The conviction has been growing upon me, that things of fundamental importance to the people are not secured by reason alone, but have to be purchased with their suffering. ... Suffering is infinitely more powerful than the law of the jungle for converting the opponent and opening his ears, which are otherwise shut, to the voice of reason. Nobody has probably drawn up more petitions or espoused more forlorn causes than I, and I have come to this fundamental conclusion that, if you want something really important to be done, you must not merely satisfy the reason, you must move the heart also. The appeal of reason is more to the head, but the penetration of the heart comes from suffering. It opens up the inner understanding in man. Suffering is the badge of the human race, not the sword."

- **GANDHI** (*Young India* 5/11/1931)

Q2: Why does Gandhi believe that suffering is powerful?
